# Calendrier mictionnel

Ce calendrier doit être rempli sur deux journées de 24h (par exemple le WE). Amenez-le avec vous lors de la prochaine consultation. Mesurer les mictions avec un récipient mesureur.

**Date:**

| Heure | Miction (pipi) en ml | Urgence | | Fuites | | | Boissons | | | Remarque |
|---|---|---|---|---|---|---|---|---|---|---|
| | | non | oui | | | | | | | P.ex. sport, sieste, toux, rire… |
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